

**Walt Disney World has created allergy friendly menus that cover the top 8 common allergens (gluten/wheat, milk/dairy, egg, soy, peanut, tree nut, fish and shellfish). Tell the chef at the individual restaurants if there is a need for any other special dietary restrictions. \*All menus are subject to change without notice.**

## **Entrees**

Angus Beef Burger served with Lettuce and Tomato on an Allergy-Friendly Bun with Fruit – \$16  
Gluten/Wheat, Fish/Shellfish, Milk, Peanut/Tree Nut, and Soy Allergies

Beaches Patty Melt – Angus Beef Burger served with sautéed onions, Swiss, and  
Garlic-Peppercorn Dressing on Rye Bread – \$16

Fish/Shellfish, Peanut/Tree Nut, and Soy Allergies

Chicken, Egg, or Tuna Salad served over Lettuce and Tomato – \$15

Gluten/Wheat, Milk, and Peanut/Tree Nut Allergies

Roasted Turkey Club with Bacon, Lettuce, and Tomato served on Allergy-Friendly Bread – \$15

Fish/Shellfish, Milk, and Peanut/Tree Nut Allergies

Reuben Sandwich – Corned Beef, Sauerkraut Swiss and Thousand Island Dressing on Rye  
Bread – \$14

Fish/Shellfish and Peanut/Tree Nut Allergies

Grilled Cheese and Tomato Bisque – \$12

Fish/Shellfish and Peanut/Tree Nut Allergies

Beaches Veggie Burger – House-made Veggie Patty served with Lettuce, Tomato, and  
Herb-Mayo on an Allergy-Friendly Bun with Fruit – \$14

Gluten/Wheat, Fish/Shellfish, and Peanut/Tree Nut Allergies

Chili – \$8

Gluten/Wheat, Egg, Peanut/Tree Nut, and Soy Allergies

Cheddar Bacon Ranch Chicken Sandwich – Grilled Chicken Breast, Smoked Bacon, and  
Cheddar on an Allergy-Friendly Bun with Fruit – \$15

Gluten/Wheat, Fish/Shellfish, and Peanut/Tree Nut Allergies

## **Sweet Endings**

Brownie a la Mode – Allergy-Friendly Brownie, Hot Fudge, and Vanilla Ice Cream Topped with  
Whipped Cream, Chocolate Sprinkles, and a Cherry – \$7

Gluten/Wheat Allergies

Sundae – Non-Milk Frozen Dessert with choice of one of the following toppings: Marshmallow,  
Strawberry, Pineapple, Peanut Butter, or Chocolate Syrup topped with Toasted Almonds and a  
Cherry – Two Scoops – \$7 ; Three Scoops – \$9 ; Extra Toppings – \$1 each

Gluten/Wheat and Milk Allergies

## **Kids' Meals for guests ages 9 and under**

**Appetizers (a la carte)**

Applesauce – \$3

Garden Salad – \$3

**Mickey Check Meals served with small lowfat milk or small Dasani water**

Grilled Chicken Sandwich – Grilled Chicken Sandwich on an Allergy-Friendly Bun served with applesauce – \$10

Gluten/Wheat, Fish/Shellfish, Milk, Peanut/Tree Nut, and Soy Allergies

Turkey Sandwich – Turkey on an Allergy-Friendly Bun served with Carrots – \$10

Gluten/Wheat, Fish/Shellfish, Milk, Peanut/Tree Nut, and Soy Allergies

**Or**

**Choose one (1) Beverage, one (1) Entrée, and one (1) Dessert**

**All Entrees below served with choice of small lowfat milk, small Dasani water, or small Minute Maid Apple Juice**

**Entrees**

Hamburger – served with an allergy-friendly bun and fruit – \$10

Gluten/Wheat, Fish/Shellfish, Milk, Peanut/Tree Nut, and Soy Allergies

Mac & Cheese with Applesauce – \$9

Fish/Shellfish and Peanut/Tree Nut Allergies

**Desserts**

Strawberry Yogurt topped with Fresh Berries

Gluten/Wheat, Egg, Fish/Shellfish, Peanut/Tree Nut, and Soy Allergies

## **To Go**

Single/Double Scoop Cone – Allergy-Friendly Cone and Vanilla Frozen Dessert – Single Scoop – \$4.19 Double Scoop – \$5.19

Gluten/Wheat, Egg, Milk, and Peanut Allergies

Single/Double Scoop Cone – Sugar or Waffle Cone and choice of Ice Cream (Vanilla, Chocolate, Strawberry, Mint Chocolate Chip, or Coffee) – Single Scoop – \$4.19 Double Scoop – \$5.19

Egg and Peanut Allergies

Root Beer Float – Root Beer and a choice of Ice Cream – \$4.99 (Vanilla, Chocolate, Strawberry, Mint Chocolate Chip, or Coffee)

Gluten/Wheat, Egg, and Peanut Allergies

Ice Cream Sandwich – Two Allergy-Friendly Chocolate Chip Cookies and choice of Ice Cream – \$4.69 (Vanilla, Chocolate, Strawberry, Mint Chocolate Chip, or Coffee)

Gluten/Wheat Allergies